

# JANUARY 2018 Activities at Salemhaven Nursing/Rehab Center

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p><b>1</b></p>  <p>9:30 AM New Years Goodies 1 1:30 PM Bingo 1 3:30 PM Afternoon Get Together 3 6:15 PM Password 1 <b>HAPPY NEW YEAR</b></p>	<p><b>2</b></p> <p>9:30 AM Coffee, tea, hot cocoa 1 9:40 AM Arts &amp; Crafts 1 9:40 AM R.E.A.C.H. 3 10:00 AM Morning Gathering 2 11:15 AM Movin' &amp; Groovin' exercise-1 1:15 PM Movie 1 3:30 PM Lets get together 2 3:30 PM Sing A Long on 3 6:15 PM Harriets Here 1</p>	<p><b>3</b></p> <p>9:30 AM Coffee, tea, hot cocoa 1 9:40 AM Painting on canvas 1 9:40 AM R.E.A.C.H. 3 10:00 AM Rev.Carver-Hymn sing 2 11:15 AM Movin' &amp; Groovin' exercise-1 1:30 PM Mass chapel 2:30 PM Beverage &amp; Snack 1 3:30 PM Afternoon Get Together 3 6:15 PM Wheel of Fortune 1</p>	<p><b>4</b></p> <p>9:30 AM Coffee, tea, hot cocoa 1 9:40 AM Arts &amp; Crafts 1 <b>10:00 AM Hymn Sing 3</b> 10:00 AM Morning Gathering 2 11:15 AM Movin' &amp; Groovin' exercise-1 1:30 PM Bingo 1 3:30 PM Afternoon Get Together 3 3:30 PM Lets get together 2 6:15 PM Evening Movie on 2&amp;3</p>	<p><b>5</b></p> <p>9:30 AM Coffee, tea, hot cocoa 1 9:40 AM File &amp; Polish Nails 1, 2, 3 11:15 AM Movin' &amp; Groovin' exercise-1 1:15 PM Bowling/Games 1 3:30 PM Cheese, Crackers, Beverage 1 <b>6:15 PM Music with Don Smith 1</b></p>	<p><b>6</b></p> <p>10:00 AM Doughnuts/ Coffee Wagon Over The Fence-1 10:00 AM Morning Group 2,3 1:30 PM Bingo 1 6:00 PM Lawrence Welk Show on TV</p>
<p><b>7</b></p> <p>10:00 AM Coffee Clutch 1 10:00 AM Morning Group 2,3 11:00 AM Worship Chapel 1:15 PM Movie 1 <b>6:15 PM Music with David Hardwick 1</b></p>	<p><b>8</b></p> <p>9:30 AM Coffee, tea, hot cocoa 1 9:40 AM Baking 1 9:40 AM R.E.A.C.H. 3 10:00 AM Morning Gathering 2 11:15 AM Movin' &amp; Groovin' exercise-1 1:30 PM Bingo 1 3:30 PM Afternoon Get Together 3 6:15 PM Password 1</p>	<p><b>9</b></p> <p>9:30 AM Coffee, tea, hot cocoa 1 9:40 AM Arts &amp; Crafts 1 9:40 AM R.E.A.C.H. 3 10:00 AM Morning Gathering 2 11:15 AM Movin' &amp; Groovin' exercise-1 1:15 PM Movie 1 3:30 PM Lets get together 2 3:30 PM Sing A Long on 3 6:15 PM Harriets Here 1</p>	<p><b>10</b></p> <p>9:30 AM Coffee, tea, hot cocoa 1 9:40 AM Painting on canvas 1 9:40 AM R.E.A.C.H. 3 10:00 AM Rev.Carver-Hymn sing 2 11:15 AM Movin' &amp; Groovin' exercise-1 1:30 PM Mass chapel  <b>2:30 PM Birthday Cake for all 1</b> 3:30 PM Afternoon Get Together 3</p>	<p><b>11</b></p> <p>9:30 AM Coffee, tea, hot cocoa 1 9:40 AM Arts &amp; Crafts 1 <b>10:00 AM Hymn Sing 3</b> 10:00 AM Morning Gathering 2 11:15 AM Movin' &amp; Groovin' exercise-1 1:30 PM Bingo 1 3:30 PM Afternoon Get Together 3 3:30 PM Lets get together 2 6:15 PM Evening Movie on 2&amp;3</p>	<p><b>12</b></p> <p>9:30 AM Coffee, tea, hot cocoa 1 9:40 AM File &amp; Polish Nails 1, 2, 3 11:15 AM Movin' &amp; Groovin' exercise-1 1:15 PM Bowling/Games 1 3:30 PM Cheese, Crackers, Beverage 1 <b>6:15 PM Music with Josef Nocera 1</b></p>	<p><b>13</b></p> <p>10:00 AM Doughnuts/ Coffee Wagon Over The Fence-1 10:00 AM Morning Group 2,3 1:30 PM Bingo 1 6:00 PM Lawrence Welk Show on TV</p>
<p><b>14</b></p> <p>10:00 AM Coffee Clutch 1 10:00 AM Morning Group 2,3 11:00 AM Worship Chapel 1:15 PM Movie 1 6:15 PM Evening Games 1</p>	<p><b>15</b></p> <p>9:30 AM Coffee, tea, hot cocoa 1 9:40 AM Baking 1 9:40 AM R.E.A.C.H. 3 10:00 AM Morning Gathering 2 11:15 AM Movin' &amp; Groovin' exercise-1 1:30 PM Bingo 1 3:30 PM Afternoon Get Together 3 6:15 PM Password 1</p>	<p><b>16</b></p> <p>9:30 AM Coffee, tea, hot cocoa 1 9:40 AM Arts &amp; Crafts 1 9:40 AM R.E.A.C.H. 3 10:00 AM Morning Gathering 2 11:15 AM Movin' &amp; Groovin' exercise-1 1:15 PM Movie 1 3:30 PM Lets get together 2 3:30 PM Sing A Long on 3 <b>6:15 PM V.F.W. Aux. BINGO 1</b></p>	<p><b>17</b></p> <p>9:30 AM Coffee, tea, hot cocoa 1 9:40 AM Learn About Birds 1 9:40 AM R.E.A.C.H. 3 10:00 AM Rev.Carver-Hymn sing 2 11:15 AM Movin' &amp; Groovin' exercise-1 1:30 PM Mass chapel 2:30 PM Beverage &amp; Snack 1</p>	<p><b>18</b></p> <p>9:30 AM Coffee, tea, hot cocoa 1 9:40 AM Arts &amp; Crafts 1 <b>10:00 AM Hymn Sing 3</b> 10:00 AM Morning Gathering 2 11:15 AM Movin' &amp; Groovin' exercise-1 1:30 PM Bingo 1 3:30 PM Afternoon Get Together 3 3:30 PM Lets get together 2 6:15 PM Evening Movie on 2&amp;3</p>	<p><b>19</b></p> <p>9:30 AM Coffee, tea, hot cocoa 1 9:40 AM File &amp; Polish Nails 1, 2, 3 11:15 AM Movin' &amp; Groovin' exercise-1 1:15 PM Bowling/Games 1 3:30 PM Cheese, Crackers, Beverage 1 <b>4:00 PM Music with Philip Cosgrove 1</b> 6:15 PM Games 1</p>	<p><b>20</b></p> <p>10:00 AM Doughnuts/ Coffee Wagon Over The Fence-1 10:00 AM Morning Group 2,3 1:30 PM Bingo 1 6:00 PM Lawrence Welk Show on TV</p>
<p><b>21</b></p> <p>10:00 AM Coffee Clutch 1 10:00 AM Morning Group 2,3 11:00 AM Worship Chapel 1:15 PM Movie 1 6:15 PM Evening Games 1</p>	<p><b>22</b></p> <p>9:30 AM Coffee, tea, hot cocoa 1 9:40 AM Baking 1 9:40 AM R.E.A.C.H. 3 11:15 AM Movin' &amp; Groovin' exercise-1 1:30 PM Bingo 1 3:30 PM Afternoon Get Together 3 6:15 PM Password 1</p>	<p><b>23</b></p> <p><b>9:30 AM CELEBRATING ACTIVITY DAY waffles, strawberries, blueberries, whip cream for all! 1</b> 10:00 AM Visit with Ret. SSgt. Andrew Bobo 3 11:15 AM Movin' &amp; Groovin' exercise-1 1:15 PM Movie 1 3:30 PM Lets get together 2 3:30 PM Sing A Long on 3 6:15 PM Harriets Here 1</p>	<p><b>24</b></p> <p>9:30 AM Coffee, tea, hot cocoa 1 9:40 AM Painting on canvas 1 9:40 AM R.E.A.C.H. 3 10:00 AM Rev.Carver-Hymn sing 2 11:15 AM Movin' &amp; Groovin' exercise-1 1:30 PM Mass chapel 2:30 PM Beverage &amp; Snack 1 3:30 PM Afternoon Get Together 3 6:15 PM Wheel of Fortune 1</p>	<p><b>25</b></p> <p>9:30 AM Coffee, tea, hot cocoa 1 9:40 AM Arts &amp; Crafts 1 <b>10:00 AM Hymn Sing 3</b> 10:00 AM Morning Gathering 2 11:15 AM Movin' &amp; Groovin' exercise-1 1:30 PM Bingo 1 3:30 PM Afternoon Get Together 3 3:30 PM Lets get together 2 <b>6:15 PM Music with Stan Jr. 1</b></p>	<p><b>26</b></p> <p>9:30 AM Coffee, tea, hot cocoa 1 9:40 AM File &amp; Polish Nails 1, 2, 3 11:15 AM Movin' &amp; Groovin' exercise-1 1:15 PM Bowling/Games 1 3:30 PM Cheese, Crackers, Beverage 1 6:15 PM Games 1</p>	<p><b>27</b></p> <p>10:00 AM Doughnuts/ Coffee Wagon Over The Fence-1 10:00 AM Morning Group 2,3 1:30 PM Bingo 1 <b>3:45 PM Music with Brian Corcoran 1</b> 6:00 PM Lawrence Welk Show on TV</p>
<p><b>28</b></p> <p>10:00 AM Coffee Clutch 1 10:00 AM Morning Group 2,3 11:00 AM Worship Chapel 1:15 PM Movie 1 <b>6:15 PM Sweet Sounds of Fran Owens 1</b></p>	<p><b>29</b></p> <p>9:30 AM Coffee, tea, hot cocoa 1 9:40 AM Baking 1 9:40 AM R.E.A.C.H. 3 10:00 AM Morning Gathering 2 11:15 AM Movin' &amp; Groovin' exercise-1 1:30 PM Bingo 1 3:30 PM Afternoon Get Together 3 6:15 PM Password 1</p>	<p><b>30</b></p> <p>9:30 AM Coffee, tea, hot cocoa 1 9:40 AM Arts &amp; Crafts 1 9:40 AM R.E.A.C.H. 3 10:00 AM Morning Gathering 2 11:15 AM Movin' &amp; Groovin' exercise-1 1:15 PM Movie 1 3:30 PM Lets get together 2 3:30 PM Sing A Long on 3 <b>4:00 PM Music with Adam McCauley 1</b> 6:15 PM Harriets Here 1</p>	<p><b>31</b></p> <p>9:30 AM Coffee, tea, hot cocoa 1 9:40 AM Painting on canvas 1 9:40 AM R.E.A.C.H. 3 <b>10:00 AM Resident Council 1</b> 10:00 AM Rev.Carver-Hymn sing 2 11:15 AM Movin' &amp; Groovin' exercise-1 1:30 PM Mass chapel 2:30 PM Beverage &amp; Snack 1 3:30 PM Afternoon Get Together 3 6:15 PM Wheel of Fortune 1</p>			